



The Center

for Social and Environmental Stewardship

Counseling Services

The Center provides counseling services to parents, adolescents, couples, individual adults and families for a low fee.

Our counseling staff provides therapeutic services in English and Spanish to support those with concerns regarding depression, anxiety, grief, defiance, risky behaviors, and other issues. Services are provided at our offices in Windsor and Cloverdale.

All services provided by The Center are supervised by a licensed Clinical Psychologist.

Certificated Provider of:

- **Adult Employment Support Services**
- **Anger Management (Individual and Group Classes)**
- **Aggression Replacement Training (ART)**
- **Brief Strategic Therapy**
- **Cognitive Behavioral Therapy**
- **The Council for Boys and Young Men**
- **Eating Disorder Groups**
- **Functional Family Therapy (FFT)**
- **Gang Intervention Services**
- **Girl's Circle Groups**
- **Lifeskills Classes for Youth and Adults**
- **Moral Reconciliation Therapy (MRT)**
- **Parent Project® (offered in English and Spanish)**

TO SCHEDULE AN INTAKE APPOINTMENT

(or for more information)

**Call The Center's Community Counseling Services at
(707) 838-6641 EXT. 256**

9619 Old Redwood Highway, Windsor, CA 95492

109 South Main Street, Cloverdale, CA 95425

www.cfses.org